



Zionsville Student Rights Union



Sleep to Succeed Project

Sponsored by the STS Committee Members:

Abby Llorico, *Chairman*

Madison Heslop, *Vice-Chairman*

Steve Ross, *Chairman Emeritus*

Taylor Campi, *Vice-Chairman Emeritus*

Erica Park, *Chief of Research*

William Clapp, *Director of Operations*

Ben Kahn, *Director of Communications*

Jimmy Kubes, *Director of Athletic Affairs*

Sydney McComas, *Director of Student Interests*

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Agenda: What Happens When

MAY 4, 2009:

The Zionsville Student Rights Union is formally introduced to the Zionsville School Board and presents the Sleep to Succeed Initiative and provides data compiled by Erica Park, Chief of Research for the project.

JUNE 8, 2009:

ZSRU presents plans to continue pursuing the Sleep to Succeed Initiative; reiterates important facts to the School Board.

JULY-AUGUST 2009:

ZSRU meets with the Zionsville Parent-Teacher Organization and Dr. Scott Robison regarding moving forward with the Pilot Program, which would occur during the fourth quarter of the 2009-2010 school year.

Chairman Abby Llorico, Director of Communications Ben Kahn, and Director of Operations William Clapp Jr, collaborate with Charles Jones, Director of Transportation for Zionsville Community Schools, on the topic of bus scheduling and minor routing issues that would occur with the Sleep to Succeed pilot period.

Sleep to Succeed Athletic Council and Jimmy Kubes , Director of Athletic Affairs, meets with Greg Schellhase, ZCHS Athletic Director, Gary Ottinger, ZWMS Athletic Director, and Jim Uland, ZMS Athletic Director, to discuss logistics regarding HCC Contracts and practice times.

FALL 2009:

ZSRU continues communication with the PTO and Dr. Robison.

The ZSRU, with a completed and relevant presentation of facts, statistics, and logistical data and formally propose the Sleep to Succeed Pilot program for the Board's approval.

SPRING 2010:

With assumption of success at the fall board meeting, the ZSRU continues to facilitate communication between students and parents from all Zionsville Community Schools, thus aiding the administration in the decision of whether or not to continue the altered schedule throughout the 2010-2011 school year.

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the Chairman

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Logistics: Who and What to Address

-Regarding Athletics:

Greg Schellhase, Zionsville Community High School Athletic Director
Jim Uland, Zionsville Middle School Athletic Director
Gary Ottinger, Zionsville West Middle School Athletic Director

Possibility of releasing athletes from class early for away-contests if necessary during pilot period, HCC contract stipulations, getting buses for away contests, daylight availability during practices, moving practices closer to the end of the school day so as not to interfere as much with after school time

-Regarding Transportation:

Charles Jones, Transportation Services and Operations Director

Coordinate routing for picking up and dropping off primary school students earlier than secondary school students, figure out how to maximize cost-efficiency, coordinate routing, remove hour in the morning of inefficient bus driver on-the-clock time in order to accommodate for secondary schools' longer school days.

-Regarding Primary School Concerns:

Michelle Walters [Eagle Elementary], Tera Nutter [Pleasant View Elementary], Joyce Horton [Stonegate Elementary], Linda Forler [Union Elementary], all of the Parent-Teacher Organization

Safe bus-stops in dark hours of the early morning, possibility of grant money towards funding bus stop safety, promoting afternoon activities for academic enrichment and after school care

-Regarding Cost:

Dr. Scott Robison, Superintendent of Zionsville Community Schools
Bob Bostwick, Executive Director of Operations for Zionsville Community Schools
Mike Schafer, Chief Financial Officer of Zionsville Community Schools

ALL CONCERNED PARTIES TO BE FORMALLY MET/CONTACTED BY A COMMITTEE MEMBER NO LATER THAN AUGUST 10, 2009

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the Director of Operations

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The Athletic Council: Sports & Support

PURPOSE:

The Zionsville Student Rights Union reached out to various well respected athletes, both academically and athletically, to represent the support of the Athletic Body for managing the slight conflicts that STS may present.

Those who have joined the STS Athletic Council have pledged their support for the initiative, and will rally the support of coaches and team mates as well.

As of June 8, 2009, those who have pledged their support include:

Courtney Lauber: Varsity Volleyball, Class of 2011

Blake Lueders: Varsity Football, Class of 2010

Alex Brennan: Varsity Swimming, Class of 2010

Samantha Rhodes: Varsity Cheerleader, Class of 2010

Graham Bixler: Varsity Track & Field, Class of 2012

Harrison Petts: Varsity Soccer, Class of 2010

AJ Corrado: Varsity Soccer, Class of 2010

Hadley Stuart: Varsity Soccer, Class 2010

Katie Newcomer: Varsity Swimming, Class of 2010

Hayley Motter: Varsity Cross Country, Class of 2011

Claire Mattison: Varsity Tennis, Class of 2011

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the Director of Athletic
Affairs

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Why “Sleep to Succeed? A Recap

The Sleep to Succeed Project was initiated by then Chairman Steve Ross following a class presentation by Erica Park regarding teen sleep habits and subsequent educational policy change proposals. Erica, now Chief of Research for the project, has concluded that starting school later in the morning for teenagers, and in exchange earlier for elementary students, would be beneficial to all parties involved.

Chairman Ross, with the consent of the board, signed an executive order establishing the Sleep to Succeed Project and its subsequent committees.

Ross’ Founding Board of Directors, along with members of the Board of Directors-elect, met with ZCHS Administration, ZCHS Athletic Department, Corporation leadership, and the PTO Leader Council to discuss preliminary steps for the Project.

The Sleep to Succeed Committee under Chairman Ross’ leadership found overwhelming support from a wide variety of constituencies, and presented these initial findings to the School Board of Trustees.

On May 28th, in a small ceremony, the Founding Board of Directors transferred their positions to the Board of Directors-elect. Chairman Ross transferred his position to then Chairman-elect Llorico, and accepted the title of *Chairman Emeritus*. Along with this transfer of power came the transfer of responsibilities regarding Sleep to Succeed; Llorico and her committee will be most directly handling the project’s affairs, along with continued support and aid from Ross and his former board.

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the Chairman- and Vice-
Chairman Emeritus

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